March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 12:30 pm Public Skating	4 10:00 am Pickleball 18+ 10:00 am Gentle Yoga 1:00 pm Advanced Pickleball 18+ 4:00 pm Stick and Puck 6-12 yrs 5:15 pm Parent and Child Multi-Sport Class (16 mos. to 3 yrs.) 6:00 pm Junior Multi-Sport Drop- off Class (ages 4-6)	5 10:00 am Ladies' Shinny 10:00 am Tai Chi 12:30 pm Chair Yoga 1:00 pm Preschool Skate / Stick and Puck 2:00 pm Adult Skate 4:30 pm Family Open Gym 6:00 pm Pickleball 18+ 6:30 pm Hatha Flow Yoga 7:45 pm Flow Down Yoga 8:00 pm Volleyball 18+	6 9:30 am Preschool Skate / Stick and Puck 10:00 am Gentle Yoga 10:30 am Mens' Shinny 1:00 pm Pickleball 18+ 7:30 pm Man Stretch - Yoga for Men	7 9:30 am Ladies' Shinny 10:00 am Tai Chi 1:00 pm Pickleball 18+ 4:00 pm Stick and Puck 13-17 yrs 4:30 pm Youth Open Gym Drop-in (ages 9-12) 6:00 pm Youth Open Gym Drop-in (ages 13-17)	110:00 am BeginnerPickleball 18+10:00 am FREEOlder Adult Social10:30 am FREEOlder Adult UkuleleJam Session4:30 pm Youth OpenGym Drop-in (ages9-12)6:00 pm Youth OpenGym Drop-in (ages13-17)7:30 pm FamilyOpen Gym810:00 am FREEOlder Adult Social10:00 am BeginnerPickleball 18+10:30 am FREEOlder Adult UkuleleJam Session4:30 pm Youth OpenGym Drop-in (ages9-12)6:00 pm Youth OpenGym Drop-in (ages13-17)7:30 pm FamilyOpen Gym	2 11:00 am Family Open Gym 6:30 pm Pickleball 18+ 7:00 pm Public Skating 8:30 pm Basketball 18+ 9 11:00 am Family Open Gym 6:30 pm Pickleball 18+ 7:00 pm Public Skating 8:30 pm Basketball 18+
10 12:30 pm Public Skating	11 10:00 am Pickleball 18+ 1:00 pm Advanced Pickleball 18+ 4:00 pm Stick and Puck 6-12 yrs	12 10:00 am Ladies' Shinny 1:00 pm Preschool Skate / Stick and Puck 2:00 pm Adult Skate 4:30 pm Family Open Gym 6:00 pm Pickleball	13 9:30 am Preschool Skate / Stick and Puck 10:30 am Mens' Shinny 1:00 pm Pickleball 18+	14 9:30 am Ladies' Shinny 1:00 pm Pickleball 18+ 4:00 pm Stick and Puck 13-17 yrs 4:30 pm Youth Open Gym Drop-in (ages 9-12)	 15 4:30 pm Youth Open Gym Drop-in (ages 9-12) 6:00 pm Youth Open Gym Drop-in (ages 13-17) 7:30 pm Family Open Gym 	16 11:00 am Family Open Gym 6:30 pm Pickleball 18+ 7:00 pm Public Skating 8:30 pm Basketball 18+

		8:00 pm Volleyball 18+		Gym Drop-in (ages 13-17)		
17	18	19	20	21	22	23
12:30 pm Public Skating	10:00 am Pickleball 18+ 10:00 am Gentle Yoga 1:00 pm Advanced Pickleball 18+ 4:00 pm Stick and Puck 6-12 yrs 5:15 pm Parent and Child Multi-Sport Class (16 mos. to 3 yrs.) 6:00 pm Junior Multi-Sport Drop- off Class (ages 4-6)	 10:00 am Ladies' Shinny 10:00 am Tai Chi 12:30 pm Chair Yoga 1:00 pm Preschool Skate / Stick and Puck 2:00 pm Adult Skate 4:30 pm Family Open Gym 6:00 pm Pickleball 18+ 6:30 pm Hatha Flow Yoga 7:45 pm Flow Down Yoga 8:00 pm Volleyball 18+ 	9:30 am Preschool Skate / Stick and Puck 10:00 am Gentle Yoga 10:30 am Mens' Shinny 1:00 pm Pickleball 18+ 7:30 pm Man Stretch - Yoga for Men	 9:30 am Ladies' Shinny 10:00 am Tai Chi 1:00 pm Pickleball 18+ 4:00 pm Stick and Puck 13-17 yrs 4:30 pm Youth Open Gym Drop-in (ages 9-12) 6:00 pm Youth Open Gym Drop-in (ages 13-17) 	 10:00 am Beginner Pickleball 18+ 10:00 am FREE Older Adult Social 10:30 am FREE Older Adult Ukulele Jam Session 4:30 pm Youth Open Gym Drop-in (ages 9-12) 6:00 pm Youth Open Gym Drop-in (ages 13-17) 7:30 pm Family Open Gym 	11:00 am Family Open Gym 6:30 pm Pickleball 18+ 7:00 pm Public Skating 8:30 pm Basketball 18+
24 12:30 pm Public Skating	25 10:00 am Pickleball 18+ 10:00 am Gentle Yoga 1:00 pm Advanced Pickleball 18+ 4:00 pm Stick and Puck 6-12 yrs	26 10:00 am Ladies' Shinny 10:00 am Tai Chi 12:30 pm Chair Yoga 1:00 pm Preschool Skate / Stick and Puck 2:00 pm Adult Skate 4:30 pm Family Open Gym 6:00 pm Pickleball 18+ 6:30 pm Hatha Flow Yoga 7:45 pm Flow Down Yoga 8:00 pm Volleyball 18+	27 9:30 am Preschool Skate / Stick and Puck 10:00 am Gentle Yoga 10:30 am Mens' Shinny 1:00 pm Pickleball 18+ 7:30 pm Man Stretch - Yoga for Men	 28 9:30 am Ladies' Shinny 10:00 am Tai Chi 1:00 pm Pickleball 18+ 4:00 pm Stick and Puck 13-17 yrs 4:30 pm Youth Open Gym Drop-in (ages 9-12) 6:00 pm Youth Open Gym Drop-in (ages 13-17) 	29 9:00 am Easter in West Lincoln	30 11:00 am Family Open Gym 6:30 pm Pickleball 18+ 8:30 pm Basketball 18+
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https://events.westlincoln.ca