April 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 12:30 pm Public Skating	7 10:00 am Pickleball 18+ 1:00 pm Advanced Pickleball 18+ 3:00 pm Beginner Pickleball 18+ 4:00 pm Stick and Puck (ages 6-12) 5:15 pm Sportball: Parent and Child Multi-Sport	1 10:00 am Ladies Shinny 1:00 pm Preschool Skate / Stick and Puck (ages 0-6) 2:00 pm Adult Skating 4:30 pm Youth Open Gym (ages 9-17) 6:00 pm Pickleball 18+ 8:00 pm Adult Open Gym (18+) 8 10:00 am Ladies Shinny 1:00 pm Preschool Skate / Stick and Puck (ages 0-6) 2:00 pm Adult Skating 4:30 pm Youth Open Gym (ages 9-17) 6:00 pm Pickleball 18+	9 9:30 am Preschool Skate / Stick and Puck (ages 0-6) 10:00 am Pickleball 18+ 10:30 am Men's Shinny 11:00 am Autism Ontario Flag Raising 1:00 pm Advanced Pickleball 18+ 9 9:30 am Preschool Skate / Stick and Puck (ages 0-6) 10:00 am Pickleball 18+ 10:30 am Men's Shinny 1:00 pm Advanced Pickleball 18+	Thursday 3 1:00 pm Pickleball 18+ 4:30 pm Youth Open Gym (ages 9-12) 6:00 pm Youth Open Gym (ages 13-17) 10 1:00 pm Pickleball 18+ 4:30 pm Youth Open Gym (ages 9-12) 6:00 pm Youth Open Gym (ages 13-17)	9:30 am Ladies Shinny 10:00 am Beginner Pickleball 18+ 10:00 am Free Older Adult Social 55+ 10:30 am Free Ukulele Jam Session 55+ 2:00 pm Pickleball 18+ 4:00 pm Stick and Puck (ages 13-17) 4:30 pm Youth Open Gym (ages 9-12) 6:00 pm Youth Open Gym (ages 13-17) 7:30 pm Family Open Gym 11 9:45 am Financial Crimes Presentation 10:00 am Beginner Pickleball 18+ 10:00 am Free Older Adult Social 55+ 10:30 am Free Ukulele Jam Session 55+ 2:00 pm Pickleball 18+	5 11:00 am Family Open Gym 6:30 pm Pickleball 18+ 7:00 pm Public Skating 12 11:00 am Family Open Gym
	6:00 pm Sportball: Jr. Multi-Sport	8:00 pm Adult Open Gym (18+)			4:30 pm Youth Open Gym (ages 9-12) 6:00 pm Youth Open Gym (ages 13-17) 7:30 pm Family Open Gym	
13	14 10:00 am Gentle Yoga with Melinda 10:00 am Pickleball 18+ 1:00 pm Advanced Pickleball 18+ 3:00 pm Beginner Pickleball 18+ 4:00 pm Stick and	9:30 am Chair Yoga with Melinda 10:00 am Ladies Shinny 1:00 pm Preschool Skate / Stick and Puck (ages 0-6) 2:00 pm Adult Skating	9:30 am Preschool Skate / Stick and Puck (ages 0-6) 10:00 am Gentle Yoga with Melinda 10:00 am Pickleball 18+ 10:30 am Men's Shinny	9:30 am Mom and Baby fit with Jen 1:00 pm Pickleball 18+ 3:00 pm Family Open Gym 4:30 pm Youth Open Gym (ages 9-12) 6:00 pm Youth Open	9:00 am Community Easter Fest 4:00 pm Stick and Puck (ages 13-17)	19 11:00 am Family Open Gym 3:00 pm Pickleball 18+

	Puck (ages 6-12) 5:15 pm Sportball: Parent and Child Multi-Sport 6:00 pm Sportball: Jr. Multi-Sport	4:30 pm Youth Open Gym (ages 9-12) 6:00 pm Pickleball 18+ 6:30 pm Hatha Yoga for Tight Hips with Melinda 7:45 pm Full Body Slow Flow with Melinda 8:00 pm Beginner Bounce Class with Stacey 8:00 pm Youth Open Gym (ages 13-17)	1:00 pm Advanced Pickleball 18+ 6:30 pm Beginner Hatha Yoga with Megan 7:45 pm Man Stretch - Yoga for Men with Megan	Gym (ages 13-17) 6:30 pm Evening Gentle Hatha Yoga with Kara 7:45 pm Restorative Yoga with Kara		
20	21	9:30 am Chair Yoga with Melinda 9:50 am Tai Chi and Qigong 2:00 pm Adult Skating 4:30 pm Youth Open Gym (ages 9-12) 6:00 pm Pickleball 18+ 6:30 pm Hatha Yoga for Tight Hips with Melinda 7:45 pm Full Body Slow Flow with Melinda 8:00 pm Beginner Bounce Class with Stacey 8:00 pm Youth Open Gym (ages 13-17)	10:00 am Gentle Yoga with Melinda 10:00 am Pickleball 18+ 1:00 pm Advanced Pickleball 18+ 6:30 pm Beginner Hatha Yoga with Megan 7:45 pm Man Stretch - Yoga for Men with Megan	9:30 am Mom and Baby fit with Jen 9:50 am Tai Chi and Qigong 1:00 pm Pickleball 18+ 3:00 pm Family Open Gym 4:30 pm Youth Open Gym (ages 9-12) 6:00 pm Youth Open Gym (ages 13-17) 6:30 pm Evening Gentle Hatha Yoga with Kara 7:45 pm Restorative Yoga with Kara	25 10:00 am Free Older Adult Social 55+ 10:00 am Beginner Pickleball 18+ 10:30 am Free Ukulele Jam Session 55+ 2:00 pm Pickleball 18+ 4:00 pm Stick and Puck (ages 13-17) 4:30 pm Youth Open Gym (ages 9-12) 6:00 pm Youth Open Gym (ages 13-17) 7:30 pm Family Open Gym	26 11:00 am Family Open Gym 3:00 pm Pickleball 18+
27	12:00 am National Day of Mourning for Workplace Death and Injury 10:00 am Gentle Yoga with Melinda 10:00 am Pickleball 18+ 1:00 pm Advanced Pickleball 18+ 3:00 pm Beginner Pickleball 18+ 4:00 pm Stick and Puck (ages 6-12)	9:30 am Chair Yoga with Melinda 9:50 am Tai Chi and Qigong 2:00 pm Adult Skating 4:30 pm Youth Open Gym (ages 9-12) 6:00 pm Pickleball 18+ 6:30 pm Hatha Yoga for Tight Hips with Melinda 7:45 pm Full Body Slow Flow with Melinda 8:00 pm Beginner Bounce Class with Stacey 8:00 pm Youth Open Gym (ages 13-17)	10:00 am Gentle Yoga with Melinda 10:00 am Pickleball 18+ 1:00 pm Advanced Pickleball 18+ 6:30 pm Beginner Hatha Yoga with Megan 7:45 pm Man Stretch - Yoga for Men with Megan			

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