

June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>10:00 am Gentle Yoga with Melinda</p> <p>10:00 am All Levels Pickleball 18+</p> <p>11:30 am Pride Niagara Flag Raising</p> <p>1:00 pm Advanced Pickleball 18+</p> <p>3:00 pm Beginner Pickleball 18+</p>	<p>2</p> <p>9:30 am Chair Yoga with Melinda</p> <p>9:50 am Tai Chi and Qigong</p> <p>4:30 pm Youth Basketball (school ages)</p> <p>6:00 pm Hatha Yoga for Tight Hips with Kara</p> <p>6:30 pm All Levels Pickleball 18+</p> <p>7:15 pm Yoga for Golfers with Kara</p>	<p>3</p> <p>10:00 am Gentle Yoga with Melinda</p> <p>10:00 am All Levels Pickleball 18+</p> <p>1:00 pm Advanced Pickleball 18+</p> <p>3:00 pm Beginner Pickleball 18+</p> <p>7:00 pm Man Stretch - Yoga for Men with Megan</p>	<p>4</p> <p>9:30 am Mom and Baby Fit with Jen</p> <p>9:50 am Tai Chi and Qigong</p> <p>10:00 am Sit and Strengthen with Kara</p> <p>1:00 pm All Levels Pickleball 18+</p> <p>4:30 pm Youth Open Gym (ages 9-12)</p> <p>6:00 pm Youth Open Gym (ages 13-17)</p> <p>6:00 pm Evening Gentle Hatha Yoga with Kara</p> <p>7:15 pm Strengthen and Stretch - Yogalates with Kara</p>	<p>5</p> <p>9:15 am Gentle Yoga with Melinda</p> <p>10:00 am Beginner Pickleball 18+</p> <p>10:00 am Older Adult Social 55+ (free)</p> <p>10:30 am Ukulele Jam Session 55+ (free)</p> <p>2:00 pm Advanced Pickleball 18+</p> <p>4:30 pm Youth Floor Hockey, Soccer and Dodgeball</p> <p>7:00 pm Adult Volleyball (18+)</p>	<p>6</p> <p>9:00 am All Levels Pickleball 18+</p> <p>11:00 am Family Open Gym</p>
7	<p>8</p> <p>10:00 am All Levels Pickleball 18+</p> <p>10:00 am Gentle Yoga with Melinda</p> <p>10:30 am Flag Raising - Seniors Month</p> <p>1:00 pm Advanced Pickleball 18+</p> <p>3:00 pm Beginner Pickleball 18+</p>	<p>9</p> <p>9:30 am Chair Yoga with Melinda</p> <p>9:50 am Tai Chi and Qigong</p> <p>4:30 pm Youth Basketball (school ages)</p> <p>6:00 pm Hatha Yoga for Tight Hips with Kara</p> <p>6:30 pm All Levels Pickleball 18+</p> <p>7:15 pm Yoga for Golfers with Kara</p>	<p>10</p> <p>10:00 am Gentle Yoga with Melinda</p> <p>10:00 am All Levels Pickleball 18+</p> <p>1:00 pm Advanced Pickleball 18+</p> <p>3:00 pm Beginner Pickleball 18+</p> <p>7:00 pm Man Stretch - Yoga for Men with Megan</p>	<p>11</p> <p>9:30 am Mom and Baby Fit with Jen</p> <p>9:50 am Tai Chi and Qigong</p> <p>10:00 am Sit and Strengthen with Kara</p> <p>1:00 pm All Levels Pickleball 18+</p> <p>4:30 pm Youth Open Gym (ages 9-12)</p> <p>6:00 pm Youth Open Gym (ages 13-17)</p> <p>6:00 pm Evening Gentle Hatha Yoga with Kara</p> <p>7:15 pm Strengthen and Stretch - Yogalates with Kara</p>	<p>12</p> <p>9:15 am Gentle Yoga with Melinda</p> <p>10:00 am Beginner Pickleball 18+</p> <p>10:00 am Older Adult Social 55+ (free)</p> <p>10:30 am Ukulele Jam Session 55+ (free)</p> <p>2:00 pm Advanced Pickleball 18+</p> <p>4:30 pm Youth Floor Hockey, Soccer and Dodgeball</p> <p>7:00 pm Adult Volleyball (18+)</p>	<p>13</p> <p>7:00 am 5th Annual Mountainview LemonAID Day for FACS Niagara</p> <p>8:00 am 3rd Annual Smithville West Lincoln Town-Wide Garage Sale</p> <p>9:00 am All Levels Pickleball 18+</p> <p>11:00 am Family Open Gym</p>
14	<p>15</p> <p>10:00 am All Levels Pickleball 18+</p> <p>10:00 am Gentle Yoga with Melinda</p> <p>1:00 pm Advanced Pickleball 18+</p> <p>3:00 pm Beginner Pickleball 18+</p>	<p>16</p> <p>9:30 am Chair Yoga with Melinda</p> <p>9:50 am Tai Chi and Qigong</p> <p>4:30 pm Youth Basketball (school ages)</p> <p>6:00 pm Hatha Yoga</p>	<p>17</p> <p>10:00 am Gentle Yoga with Melinda</p> <p>10:00 am All Levels Pickleball 18+</p> <p>1:00 pm Advanced Pickleball 18+</p> <p>3:00 pm Beginner Pickleball 18+</p>	<p>18</p> <p>9:30 am Mom and Baby Fit with Jen</p> <p>9:50 am Tai Chi and Qigong</p> <p>10:00 am Sit and Strengthen with Kara</p> <p>1:00 pm All Levels</p>	<p>19</p> <p>9:15 am Gentle Yoga with Melinda</p> <p>10:00 am Beginner Pickleball 18+</p> <p>10:00 am Older Adult Social 55+ (free)</p> <p>10:30 am Ukulele</p>	<p>20</p> <p>9:00 am All Levels Pickleball 18+</p> <p>11:00 am Family Open Gym</p>

		<p>for Tight Hips with Kara</p> <p>6:30 pm All Levels Pickleball 18+</p> <p>7:15 pm Yoga for Golfers with Kara</p>	<p>7:00 pm Man Stretch - Yoga for Men with Megan</p>	<p>Pickleball 18+</p> <p>4:30 pm Youth Open Gym (ages 9-12)</p> <p>6:00 pm Youth Open Gym (ages 13-17)</p> <p>6:00 pm Evening Gentle Hatha Yoga with Kara</p> <p>7:15 pm Strengthen and Stretch - Yogalates with Kara</p>	<p>Jam Session 55+ (free)</p> <p>2:00 pm Advanced Pickleball 18+</p> <p>4:30 pm Youth Floor Hockey, Soccer and Dodgeball</p> <p>7:00 pm Adult Volleyball (18+)</p>	
21	<p>22</p> <p>10:00 am All Levels Pickleball 18+</p> <p>10:00 am Gentle Yoga with Melinda</p> <p>1:00 pm Advanced Pickleball 18+</p> <p>3:00 pm Beginner Pickleball 18+</p>	<p>23</p> <p>9:50 am Tai Chi and Qigong</p> <p>4:30 pm Youth Basketball (school ages)</p> <p>6:30 pm All Levels Pickleball 18+</p>	<p>24</p> <p>10:00 am All Levels Pickleball 18+</p> <p>1:00 pm Advanced Pickleball 18+</p> <p>3:00 pm Beginner Pickleball 18+</p>	<p>25</p> <p>9:50 am Tai Chi and Qigong</p> <p>1:00 pm All Levels Pickleball 18+</p> <p>4:30 pm Youth Open Gym (ages 9-12)</p> <p>6:00 pm Youth Open Gym (ages 13-17)</p>	<p>26</p> <p>10:00 am Beginner Pickleball 18+</p> <p>10:00 am Older Adult Social 55+ (free)</p> <p>10:30 am Ukulele Jam Session 55+ (free)</p> <p>2:00 pm Advanced Pickleball 18+</p> <p>2:00 pm Canadian Blood Services - Blood Donation Clinic</p> <p>4:30 pm Youth Floor Hockey, Soccer and Dodgeball</p> <p>7:00 pm Adult Volleyball (18+)</p>	<p>27</p> <p>9:00 am All Levels Pickleball 18+</p> <p>11:00 am Family Open Gym</p>
28	<p>29</p> <p>5:15 pm Parent and Child Multi-Sport (16 mos. to 3 yrs.)</p> <p>6:00 pm Multi-Sport Drop-off (4 to 6 yrs)</p> <p>7:00 pm Multi-Sport Drop-off (7 to 10 yrs)</p>	<p>30</p>				