

# November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:00 am Youth Basketball and Volleyball (ages 9 to 17) 11:00 am Family Open Gym 5:30 pm Pickleball 18+ 7:00 pm Public Skating 7:30 pm Adult Basketball (18+)
2 12:30 pm Public Skating	3 9:00 am Preschool Skate/Stick and Puck (ages 0-6) 10:00 am Pickleball 18+ 10:00 am Gentle Yoga 10:30 am Men's Shinny 12:00 pm Low Sensory Public Skating 1:00 pm Advanced Pickleball 18+ 2:00 pm Adult Skate 3:00 pm Beginner Pickleball 18+ 4:00 pm Stick and Puck (ages 6-12) 5:15 pm Parent and Child Multi-Sport Indoor (16 mos - 3 yrs) 6:00 pm Junior Multi-Sport Indoor (4 - 6 yrs) 7:00 pm Multi-Sport Drop-off Indoor (7 - 9 yrs)	4 9:00 am Preschool Skate/Stick and Puck (ages 0-6) 9:30 am Chair Yoga 9:50 am Tai Chi and Qigong 10:00 am Ladies' Shinny 1:00 pm Preschool Skate/Stick and Puck (ages 0-6) 2:00 pm Adult Skate 4:30 pm Youth Basketball (ages 9 to 17) 6:00 pm Pickleball 18+ 6:30 pm Hatha Yoga for Tight Hips 8:00 pm Beginner Bounce Class 8:00 pm Adult Basketball (18+)	5 9:00 am Preschool Skate/Stick and Puck (ages 0-6) 10:00 am Gentle Yoga 10:00 am Pickleball 18+ 10:30 am Men's Shinny 1:00 pm Pickleball 18+ 7:00 pm Man Stretch - Yoga for Men	6 9:30 am Mom and Baby Fit 9:50 am Tai Chi and Qigong 10:00 am Sit and Strengthen 1:00 pm Pickleball 18+ 4:30 pm Youth Open Gym (ages 9-12) 6:00 pm Youth Open Gym (ages 13-17) 6:30 pm Evening Gentle Hatha Yoga 7:45 pm Strengthen and Stretch - Yogalates	7 9:15 am Gentle Yoga 9:30 am Ladies' Shinny 10:00 am Older Adult Social 55+ (free) 10:00 am Beginner Pickleball 18+ 10:30 am Ukulele Jam Session 55+ (free) 2:00 pm Advanced Pickleball 18+ 4:00 pm Stick and Puck (ages 13-17) 4:30 pm Family Open Gym 6:00 pm Pickleball 18+ 8:00 pm Adult Volleyball (18+)	8 9:00 am Youth Basketball and Volleyball (ages 9 to 17) 11:00 am Family Open Gym 5:30 pm Pickleball 18+ 7:00 pm Public Skating 7:30 pm Adult Basketball (18+)
9 12:30 pm Public	10 9:00 am Preschool	11 9:00 am Preschool	12 9:00 am Preschool	13 9:30 am Mom and	14 9:15 am Gentle Yoga	15 9:00 am Youth

Skating	<p>Skate/Stick and Puck (ages 0-6)</p> <p>10:00 am Pickleball 18+</p> <p>10:00 am Gentle Yoga</p> <p>10:30 am Men's Shinny</p> <p>12:00 pm Low Sensory Public Skating</p> <p>1:00 pm Advanced Pickleball 18+</p> <p>2:00 pm Adult Skate</p> <p>3:00 pm Beginner Pickleball 18+</p> <p>4:00 pm Stick and Puck (ages 6-12)</p> <p>5:15 pm Parent and Child Multi-Sport Indoor (16 mos - 3 yrs)</p> <p>6:00 pm Junior Multi-Sport Indoor (4 - 6 yrs)</p> <p>7:00 pm Multi-Sport Drop-off Indoor (7 - 9 yrs)</p>	<p>Skate/Stick and Puck (ages 0-6)</p> <p>9:30 am Chair Yoga</p> <p>9:50 am Tai Chi and Qigong</p> <p>10:00 am Ladies' Shinny</p> <p>1:00 pm Preschool Skate/Stick and Puck (ages 0-6)</p> <p>2:00 pm Adult Skate</p> <p>4:30 pm Youth Basketball (ages 9 to 17)</p> <p>6:00 pm Pickleball 18+</p> <p>6:30 pm Hatha Yoga for Tight Hips</p> <p>8:00 pm Beginner Bounce Class</p> <p>8:00 pm Adult Basketball (18+)</p>	<p>Skate/Stick and Puck (ages 0-6)</p> <p>10:00 am Gentle Yoga</p> <p>10:00 am Pickleball 18+</p> <p>10:30 am Men's Shinny</p> <p>12:00 pm Free Information Session - Regional Tariff Response Initiative</p> <p>1:00 pm Pickleball 18+</p> <p>7:00 pm Man Stretch - Yoga for Men</p>	<p>Baby Fit</p> <p>9:50 am Tai Chi and Qigong</p> <p>10:00 am Sit and Strengthen</p> <p>1:00 pm Pickleball 18+</p> <p>4:30 pm Youth Open Gym (ages 9-12)</p> <p>6:00 pm Youth Open Gym (ages 13-17)</p> <p>6:30 pm Evening Gentle Hatha Yoga</p> <p>7:45 pm Strengthen and Stretch - Yogalates</p>	<p>9:30 am Ladies' Shinny</p> <p>10:00 am Older Adult Social 55+ (free)</p> <p>10:00 am Beginner Pickleball 18+</p> <p>10:30 am Ukulele Jam Session 55+ (free)</p> <p>2:00 pm Advanced Pickleball 18+</p> <p>4:00 pm Stick and Puck (ages 13-17)</p> <p>4:30 pm Family Open Gym</p> <p>6:00 pm Pickleball 18+</p> <p>8:00 pm Adult Volleyball (18+)</p>	<p>Basketball and Volleyball (ages 9 to 17)</p> <p>11:00 am Family Open Gym</p> <p>5:30 pm Pickleball 18+</p> <p>7:00 pm Public Skating</p> <p>7:30 pm Adult Basketball (18+)</p>
16 12:30 pm Public Skating	<p>17</p> <p>9:00 am Preschool Skate/Stick and Puck (ages 0-6)</p> <p>10:00 am Pickleball 18+</p> <p>10:00 am Gentle Yoga</p> <p>10:30 am Men's Shinny</p> <p>12:00 pm Low Sensory Public Skating</p> <p>1:00 pm Advanced Pickleball 18+</p> <p>2:00 pm Adult Skate</p> <p>3:00 pm Beginner Pickleball 18+</p> <p>4:00 pm Stick and Puck (ages 6-12)</p> <p>5:15 pm Parent and Child Multi-Sport Indoor (16 mos - 3 yrs)</p> <p>6:00 pm Junior Multi-Sport Indoor (4 - 6 yrs)</p> <p>7:00 pm Multi-Sport Drop-off Indoor (7 - 9 yrs)</p>	<p>18</p> <p>9:00 am Preschool Skate/Stick and Puck (ages 0-6)</p> <p>9:30 am Chair Yoga</p> <p>9:50 am Tai Chi and Qigong</p> <p>10:00 am Ladies' Shinny</p> <p>1:00 pm Preschool Skate/Stick and Puck (ages 0-6)</p> <p>2:00 pm Adult Skate</p> <p>4:30 pm Youth Basketball (ages 9 to 17)</p> <p>6:00 pm Pickleball 18+</p> <p>6:30 pm Hatha Yoga for Tight Hips</p> <p>8:00 pm Beginner Bounce Class</p> <p>8:00 pm Adult Basketball (18+)</p>	<p>19</p> <p>9:00 am Preschool Skate/Stick and Puck (ages 0-6)</p> <p>10:00 am Gentle Yoga</p> <p>10:00 am Pickleball 18+</p> <p>10:30 am Men's Shinny</p> <p>1:00 pm Pickleball 18+</p> <p>7:00 pm Man Stretch - Yoga for Men</p>	<p>20</p> <p>9:30 am Mom and Baby Fit</p> <p>9:50 am Tai Chi and Qigong</p> <p>10:00 am Sit and Strengthen</p> <p>1:00 pm Pickleball 18+</p> <p>4:30 pm Youth Open Gym (ages 9-12)</p> <p>6:00 pm Youth Open Gym (ages 13-17)</p> <p>6:30 pm Evening Gentle Hatha Yoga</p> <p>7:45 pm Strengthen and Stretch - Yogalates</p>	<p>21</p> <p>9:15 am Gentle Yoga</p> <p>10:00 am Beginner Pickleball 18+</p> <p>10:00 am Older Adult Social 55+ (free)</p> <p>10:30 am Ukulele Jam Session 55+ (free)</p> <p>2:00 pm Advanced Pickleball 18+</p> <p>4:30 pm Family Open Gym</p> <p>6:00 pm Pickleball 18+</p> <p>8:00 pm Adult Volleyball (18+)</p>	<p>22</p> <p>9:00 am Youth Basketball and Volleyball (ages 9 to 17)</p> <p>11:00 am Family Open Gym</p> <p>5:30 pm Pickleball 18+</p> <p>7:30 pm Adult Basketball (18+)</p>
23	<p>24</p> <p>9:00 am Preschool</p>	<p>25</p> <p>9:00 am Preschool</p>	<p>26</p> <p>9:00 am Preschool</p>	<p>27</p> <p>9:00 am Flag</p>	<p>28</p> <p>9:15 am Gentle Yoga</p>	<p>29</p> <p>9:00 am</p>

	<p>Skate/Stick and Puck (ages 0-6)</p> <p>10:00 am Pickleball 18+</p> <p>10:00 am Gentle Yoga</p> <p>10:30 am Men's Shinny</p> <p>12:00 pm Low Sensory Public Skating</p> <p>1:00 pm Advanced Pickleball 18+</p> <p>2:00 pm Adult Skate</p> <p>3:00 pm Beginner Pickleball 18+</p> <p>4:00 pm Stick and Puck (ages 6-12)</p> <p>5:15 pm Parent and Child Multi-Sport Indoor (16 mos - 3 yrs)</p> <p>6:00 pm Junior Multi-Sport Indoor (4 - 6 yrs)</p> <p>7:00 pm Multi-Sport Drop-off Indoor (7 - 9 yrs)</p>	<p>Skate/Stick and Puck (ages 0-6)</p> <p>9:30 am Chair Yoga</p> <p>9:50 am Tai Chi and Qigong</p> <p>10:00 am Ladies' Shinny</p> <p>1:00 pm Preschool Skate/Stick and Puck (ages 0-6)</p> <p>2:00 pm Adult Skate</p> <p>4:30 pm Youth Basketball (ages 9 to 17)</p> <p>6:00 pm Pickleball 18+</p> <p>6:30 pm Hatha Yoga for Tight Hips</p> <p>8:00 pm Beginner Bounce Class</p> <p>8:00 pm Adult Basketball (18+)</p>	<p>Skate/Stick and Puck (ages 0-6)</p> <p>9:30 am Flag Raising Ceremony - Woman Abuse Prevention Month</p> <p>10:00 am Gentle Yoga</p> <p>10:00 am Pickleball 18+</p> <p>10:30 am Men's Shinny</p> <p>1:00 pm Pickleball 18+</p> <p>6:15 pm West Lincoln Shines: Community Tree Lighting</p> <p>7:00 pm Man Stretch - Yoga for Men</p>	<p>Raising - HIV/AIDS Awareness</p> <p>9:30 am Mom and Baby Fit</p> <p>9:50 am Tai Chi and Qigong</p> <p>10:00 am Sit and Strengthen</p> <p>1:00 pm Pickleball 18+</p> <p>4:30 pm Youth Open Gym (ages 9-12)</p> <p>5:00 pm Public Information Centre #1 - Road Safety Study and Action Plan</p> <p>6:00 pm Youth Open Gym (ages 13-17)</p> <p>6:30 pm Evening Gentle Hatha Yoga</p> <p>7:45 pm Strengthen and Stretch - Yoyalates</p>	<p>9:30 am Ladies' Shinny</p> <p>10:00 am Older Adult Social 55+ (free)</p> <p>10:30 am Ukulele Jam Session 55+ (free)</p> <p>2:00 pm Advanced Pickleball 18+</p> <p>4:00 pm Stick and Puck (ages 13-17)</p> <p>4:30 pm Family Open Gym</p> <p>6:00 pm Pickleball 18+</p> <p>8:00 pm Adult Volleyball (18+)</p>	<p>Christmas Bazaar</p> <p>9:00 am Holiday Market</p> <p>9:30 am Breakfast with Santa</p> <p>5:00 pm 35th Annual West Lincoln Santa Claus Parade</p> <p>7:00 pm Public Skating</p>
<p>30</p> <p>12:30 pm Public Skating</p>						