

November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:00 am Youth Basketball and Volleyball (ages 9 to 17) 11:00 am Family Open Gym 5:30 pm Pickleball 18+ 7:00 pm Public Skating 7:30 pm Adult Basketball (18+)
2 12:30 pm Public Skating	3 9:00 am Preschool Skate/Stick and Puck (ages 0-6) 10:00 am Gentle Yoga 10:00 am Pickleball 18+ 10:30 am Men's Shinny 12:00 pm Low Sensory Public Skating 1:00 pm Advanced Pickleball 18+ 2:00 pm Adult Skate 3:00 pm Beginner Pickleball 18+ 4:00 pm Stick and Puck (ages 6-12) 5:15 pm Parent and Child Multi-Sport Indoor (16 mos - 3 yrs) 6:00 pm Junior Multi-Sport Indoor (4 - 6 yrs) 7:00 pm Multi-Sport Drop-off Indoor (7 - 9 yrs)	4 9:00 am Preschool Skate/Stick and Puck (ages 0-6) 9:30 am Chair Yoga 9:50 am Tai Chi and Qigong 10:00 am Ladies' Shinny 1:00 pm Preschool Skate/Stick and Puck (ages 0-6) 2:00 pm Adult Skate 4:30 pm Youth Basketball (ages 9 to 17) 6:00 pm Pickleball 18+ 6:30 pm Hatha Yoga for Tight Hips 8:00 pm Beginner Bounce Class 8:00 pm Adult Basketball (18+)	5 9:00 am Preschool Skate/Stick and Puck (ages 0-6) 10:00 am Gentle Yoga 10:00 am Pickleball 18+ 10:30 am Men's Shinny 1:00 pm Pickleball 18+ 7:00 pm Man Stretch - Yoga for Men	6 9:30 am Mom and Baby Fit 9:50 am Tai Chi and Qigong 10:00 am Sit and Strengthen 1:00 pm Pickleball 18+ 4:30 pm Youth Open Gym (ages 9-12) 6:00 pm Youth Open Gym (ages 13-17) 6:30 pm Evening Gentle Hatha Yoga 7:45 pm Strengthen and Stretch - Yogalates	7 9:15 am Gentle Yoga 9:30 am Ladies' Shinny 10:00 am Older Adult Social 55+ (free) 10:00 am Beginner Pickleball 18+ 10:30 am Ukulele Jam Session 55+ (free) 2:00 pm Advanced Pickleball 18+ 4:00 pm Stick and Puck (ages 13-17) 4:30 pm Family Open Gym 6:00 pm Pickleball 18+ 8:00 pm Adult Volleyball (18+)	8 9:00 am Youth Basketball and Volleyball (ages 9 to 17) 11:00 am Family Open Gym 5:30 pm Pickleball 18+ 7:00 pm Public Skating 7:30 pm Adult Basketball (18+)
9 12:30 pm Public	10 9:00 am Preschool	11 9:00 am Preschool	12 9:00 am Preschool	13 9:30 am Mom and	14 9:15 am Gentle Yoga	15 9:00 am Youth

Skating	Skate/Stick and Puck (ages 0-6)	Skate/Stick and Puck (ages 0-6)	Skate/Stick and Puck (ages 0-6)	Baby Fit	9:30 am Ladies' Shinny	Basketball and Volleyball (ages 9 to 17)
	10:00 am Gentle Yoga	9:30 am Chair Yoga	10:00 am Gentle Yoga	9:50 am Tai Chi and Qigong	10:00 am Older Adult Social 55+ (free)	11:00 am Family Open Gym
	10:00 am Pickleball 18+	9:50 am Tai Chi and Qigong	10:00 am Pickleball 18+	10:00 am Sit and Strengthen	10:00 am Beginner Pickleball 18+	5:30 pm Pickleball 18+
	10:30 am Men's Shinny	10:00 am Ladies' Shinny	10:30 am Men's Shinny	1:00 pm Pickleball 18+	10:30 am Ukulele Jam Session 55+ (free)	7:00 pm Public Skating
	12:00 pm Low Sensory Public Skating	1:00 pm Preschool Skate/Stick and Puck (ages 0-6)	12:00 pm Free Information Session - Regional Tariff Response Initiative	4:30 pm Youth Open Gym (ages 9-12)	2:00 pm Advanced Pickleball 18+	7:30 pm Adult Basketball (18+)
	1:00 pm Advanced Pickleball 18+	2:00 pm Adult Skate	1:00 pm Pickleball 18+	6:00 pm Youth Open Gym (ages 13-17)	4:00 pm Stick and Puck (ages 13-17)	
	2:00 pm Adult Skate	4:30 pm Youth Basketball (ages 9 to 17)	7:00 pm Man Stretch - Yoga for Men	6:30 pm Evening Gentle Hatha Yoga	4:30 pm Family Open Gym	
	3:00 pm Beginner Pickleball 18+	6:00 pm Pickleball 18+		7:45 pm Strengthen and Stretch - Yogalates	6:00 pm Pickleball 18+	
	4:00 pm Stick and Puck (ages 6-12)	6:30 pm Hatha Yoga for Tight Hips			8:00 pm Adult Volleyball (18+)	
	5:15 pm Parent and Child Multi-Sport Indoor (16 mos - 3 yrs)	8:00 pm Beginner Bounce Class				
	6:00 pm Junior Multi-Sport Indoor (4 - 6 yrs)	8:00 pm Adult Basketball (18+)				
	7:00 pm Multi-Sport Drop-off Indoor (7 - 9 yrs)					
16 12:30 pm Public Skating	17 9:00 am Preschool Skate/Stick and Puck (ages 0-6) 10:00 am Gentle Yoga 10:00 am Pickleball 18+ 10:30 am Men's Shinny 12:00 pm Low Sensory Public Skating 1:00 pm Advanced Pickleball 18+ 2:00 pm Adult Skate 3:00 pm Beginner Pickleball 18+ 4:00 pm Stick and Puck (ages 6-12) 5:15 pm Parent and Child Multi-Sport Indoor (16 mos - 3 yrs) 6:00 pm Junior Multi-Sport Indoor (4 - 6 yrs) 7:00 pm Multi-Sport Drop-off Indoor (7 - 9 yrs)	18 9:00 am Preschool Skate/Stick and Puck (ages 0-6) 9:30 am Chair Yoga 9:50 am Tai Chi and Qigong 10:00 am Ladies' Shinny 1:00 pm Preschool Skate/Stick and Puck (ages 0-6) 2:00 pm Adult Skate 4:30 pm Youth Basketball (ages 9 to 17) 6:00 pm Pickleball 18+ 6:30 pm Hatha Yoga for Tight Hips 8:00 pm Beginner Bounce Class 8:00 pm Adult Basketball (18+)	19 9:00 am Preschool Skate/Stick and Puck (ages 0-6) 10:00 am Gentle Yoga 10:00 am Pickleball 18+ 10:30 am Men's Shinny 1:00 pm Pickleball 18+ 7:00 pm Man Stretch - Yoga for Men	20 9:30 am Mom and Baby Fit 9:50 am Tai Chi and Qigong 10:00 am Sit and Strengthen 1:00 pm Pickleball 18+ 4:30 pm Youth Open Gym (ages 9-12) 6:00 pm Youth Open Gym (ages 13-17) 6:30 pm Evening Gentle Hatha Yoga 7:45 pm Strengthen and Stretch - Yogalates	21 9:15 am Gentle Yoga 10:00 am Beginner Pickleball 18+ 10:00 am Older Adult Social 55+ (free) 10:30 am Ukulele Jam Session 55+ (free) 2:00 pm Advanced Pickleball 18+ 4:30 pm Family Open Gym 6:00 pm Pickleball 18+ 8:00 pm Adult Volleyball (18+)	22 9:00 am Youth Basketball and Volleyball (ages 9 to 17) 11:00 am Family Open Gym 5:30 pm Pickleball 18+ 7:00 pm Public Skating 7:30 pm Adult Basketball (18+)
23 12:30 pm Public	24 9:00 am Preschool	25 9:00 am Preschool	26 9:00 am Preschool	27 9:30 am Mom and	28 9:15 am Gentle Yoga	29 9:00 am

Skating	Skate/Stick and Puck (ages 0-6) 10:00 am Gentle Yoga 10:00 am Pickleball 18+ 10:30 am Men's Shinny 12:00 pm Low Sensory Public Skating 1:00 pm Advanced Pickleball 18+ 2:00 pm Adult Skate 3:00 pm Beginner Pickleball 18+ 4:00 pm Stick and Puck (ages 6-12) 5:15 pm Parent and Child Multi-Sport Indoor (16 mos - 3 yrs) 6:00 pm Junior Multi-Sport Indoor (4 - 6 yrs) 7:00 pm Multi-Sport Drop-off Indoor (7 - 9 yrs)	Skate/Stick and Puck (ages 0-6) 9:30 am Chair Yoga 9:50 am Tai Chi and Qigong 10:00 am Ladies' Shinny 1:00 pm Preschool Skate/Stick and Puck (ages 0-6) 2:00 pm Adult Skate 4:30 pm Youth Basketball (ages 9 to 17) 6:00 pm Pickleball 18+ 6:30 pm Hatha Yoga for Tight Hips 8:00 pm Beginner Bounce Class 8:00 pm Adult Basketball (18+)	Skate/Stick and Puck (ages 0-6) 9:30 am Flag Raising Ceremony - Woman Abuse Prevention Month 10:00 am Gentle Yoga 10:00 am Pickleball 18+ 10:30 am Men's Shinny 1:00 pm Pickleball 18+ 6:15 pm West Lincoln Shines: Community Tree Lighting 7:00 pm Man Stretch - Yoga for Men	Baby Fit 9:50 am Tai Chi and Qigong 10:00 am Sit and Strengthen 11:30 am Flag Raising - HIV/AIDS Awareness 1:00 pm Pickleball 18+ 4:30 pm Youth Open Gym (ages 9-12) 5:00 pm Public Information Centre #1 - Road Safety Study and Action Plan 6:00 pm Youth Open Gym (ages 13-17) 6:30 pm Evening Gentle Hatha Yoga 7:45 pm Strengthen and Stretch - Yogalates	9:30 am Ladies' Shinny 10:00 am Older Adult Social 55+ (free) 10:00 am Beginner Pickleball 18+ 10:30 am Ukulele Jam Session 55+ (free) 2:00 pm Advanced Pickleball 18+ 4:00 pm Stick and Puck (ages 13-17) 4:30 pm Family Open Gym 6:00 pm Pickleball 18+ 8:00 pm Adult Volleyball (18+)	Holiday Market 5:00 pm 35th Annual West Lincoln Santa Claus Parade
30 12:30 pm Public Skating						

<https://events.westlincoln.ca>