

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00 Beginner Pickleball 18+ 10:00 FREE Older Adult Social 10:30 FREE Older Adult Ukulele Jam Session 4:30 Youth Open Gym Drop-in (ages 9-12) 6:00 Youth Open Gym Drop-in (ages 13-17) 7:30 Family Open Gym	2 11:00 Family Open Gym 6:30 Pickleball 18+ 7:00 Public Skating 8:30 Basketball 18+
3 12:30 Public Skating	4 10:00 Pickleball 18+ 10:00 Gentle Yoga 1:00 Advanced Pickleball 18+ 4:00 Stick and Puck 6-12 yrs 5:15 Parent and Child Multi-Sport Class (16 mos. to 3 yrs.) 6:00 Junior Multi-Sport Drop-off Class (ages 4-6)	5 10:00 Ladies' Shinny 10:00 Tai Chi 12:30 Chair Yoga 1:00 Preschool Skate / Stick and Puck 2:00 Adult Skate 4:30 Family Open Gym 6:00 Pickleball 18+ 6:30 Hatha Flow Yoga 7:45 Flow Down Yoga 8:00 Volleyball 18+	6 9:30 Preschool Skate / Stick and Puck 10:00 Gentle Yoga 10:30 Mens' Shinny 1:00 Pickleball 18+ 7:30 Man Stretch - Yoga for Men	7 9:30 Ladies' Shinny 10:00 Tai Chi 1:00 Pickleball 18+ 4:00 Stick and Puck 13-17 yrs 4:30 Youth Open Gym Drop-in (ages 9-12) 6:00 Youth Open Gym Drop-in (ages 13-17)	8 10:00 FREE Older Adult Social 10:00 Beginner Pickleball 18+ 10:30 FREE Older Adult Ukulele Jam Session 4:30 Youth Open Gym Drop-in (ages 9-12) 6:00 Youth Open Gym Drop-in (ages 13-17) 7:30 Family Open Gym	9 11:00 Family Open Gym 6:30 Pickleball 18+ 7:00 Public Skating 8:30 Basketball 18+
10 12:30 Public Skating	11 10:00 Pickleball 18+ 1:00 Advanced Pickleball 18+ 4:00 Stick and Puck 6-12 yrs	12 10:00 Ladies' Shinny 1:00 Preschool Skate / Stick and Puck 2:00 Adult Skate 4:30 Family Open Gym 6:00 Pickleball 18+ 8:00 Volleyball 18+	13 9:30 Preschool Skate / Stick and Puck 10:30 Mens' Shinny 1:00 Pickleball 18+	14 9:30 Ladies' Shinny 1:00 Pickleball 18+ 4:00 Stick and Puck 13-17 yrs 4:30 Youth Open Gym Drop-in (ages 9-12) 6:00 Youth Open Gym Drop-in (ages 13-17)	15 4:30 Youth Open Gym Drop-in (ages 9-12) 6:00 Youth Open Gym Drop-in (ages 13-17) 7:30 Family Open Gym	16 11:00 Family Open Gym 6:30 Pickleball 18+ 7:00 Public Skating 8:30 Basketball 18+
17 12:30 Public	18 10:00 Pickleball 18+	19 10:00 Ladies' Shinny	20 9:30 Preschool	21 9:30 Ladies' Shinny	22 10:00 Beginner	23 11:00 Family

Skating	10:00 Gentle Yoga 1:00 Advanced Pickleball 18+ 4:00 Stick and Puck 6-12 yrs 5:15 Parent and Child Multi-Sport Class (16 mos. to 3 yrs.) 6:00 Junior Multi-Sport Drop-off Class (ages 4-6)	10:00 Tai Chi 12:30 Chair Yoga 1:00 Preschool Skate / Stick and Puck 2:00 Adult Skate 4:30 Family Open Gym 6:00 Pickleball 18+ 6:30 Hatha Flow Yoga 7:45 Flow Down Yoga 8:00 Volleyball 18+	Skate / Stick and Puck 10:00 Gentle Yoga 10:30 Mens' Shinny 1:00 Pickleball 18+ 7:30 Man Stretch - Yoga for Men	10:00 Tai Chi 1:00 Pickleball 18+ 4:00 Stick and Puck 13-17 yrs 4:30 Youth Open Gym Drop-in (ages 9-12) 6:00 Youth Open Gym Drop-in (ages 13-17)	Pickleball 18+ 10:00 FREE Older Adult Social 10:30 FREE Older Adult Ukulele Jam Session 4:30 Youth Open Gym Drop-in (ages 9-12) 6:00 Youth Open Gym Drop-in (ages 13-17) 7:30 Family Open Gym	Open Gym 6:30 Pickleball 18+ 7:00 Public Skating 8:30 Basketball 18+
24 12:30 Public Skating	25 10:00 Pickleball 18+ 10:00 Gentle Yoga 1:00 Advanced Pickleball 18+ 4:00 Stick and Puck 6-12 yrs	26 10:00 Ladies' Shinny 10:00 Tai Chi 12:30 Chair Yoga 1:00 Preschool Skate / Stick and Puck 2:00 Adult Skate 4:30 Family Open Gym 6:00 Pickleball 18+ 6:30 Hatha Flow Yoga 7:45 Flow Down Yoga 8:00 Volleyball 18+	27 9:30 Preschool Skate / Stick and Puck 10:00 Gentle Yoga 10:30 Mens' Shinny 1:00 Pickleball 18+ 7:30 Man Stretch - Yoga for Men	28 9:30 Ladies' Shinny 10:00 Tai Chi 1:00 Pickleball 18+ 4:00 Stick and Puck 13-17 yrs 4:30 Youth Open Gym Drop-in (ages 9-12) 6:00 Youth Open Gym Drop-in (ages 13-17)	29 9:00 Easter in West Lincoln	30 11:00 Family Open Gym 6:30 Pickleball 18+ 8:30 Basketball 18+
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<https://events.westlincoln.ca>